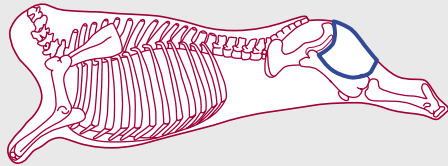


# Gracilis Muscle – Topside

Code:

Topside B021



1. Position of the topside.

2. Remove the loosely attached muscle block...

3. ...gracilis, pectineus and sartorius from the topside.

4. Gracilis and associated muscles.



5. Remove the small side bullet muscle (pectineus) by following the natural seams.

6. Remove the sartorius muscle by following the natural seam.

7. The remainder is the Gracilis Muscle – Topside.

8. Gracilis Muscle – Topside.

